## "What is the Soul of Europe? How do you experience the Soul of Europe?"

# Transmutation of Resistance and Opposition to the Divine Plan for Europe and the Nations Soul Therapy as Group Service for Humanity

"Transmutation, or Spiritual Alchemy, is a science based upon Divine Facts in Nature, which we, as conscious Souls, can learn and apply to the betterment of our world."

Transmutation, sometimes referred to as "Soul Therapy", is defined as a process whereby the consciousness is liberated from and shifted from a lower to a higher point of focus.

The Wisdom Teaching¹ provides techniques for transmutation that can be applied by the consciousness of a disciple to treat a particular condition arising in the experience of an individual, a group or nation, a kingdom of Nature including humanity as a whole.

By internalising the energy and forces appearing as opposing forces – the pairs of opposites – the shadow can begin to be integrated by the Conscious Soul Incarnate.

Patterns of sub-conscious reaction and automatic response (3rd Aspect) are repolarised with Soul-purpose (First Aspect) and the whole, as the sum of all relationships (2nd Aspect), infused with Love-Wisdom – Soul-Consciousness in right relationship. Consciousness will be released from former conditions to create new healthy attitudes, patterns of response and outcomes reflecting the Divine Plan into appearance.

## A Three Step Transmutation technique:

In preparation for transmutation a group will take the preliminary steps to:

- 1. Identify as the group Soul. Contemplate an existing condition, as if within our own aura, to discern the causative forces at play and to recognise the nature of the true needs hidden within the condition.
  - "I identify as the Observer as the overshadowing Spiritual Soul *at one with all the relationships* within a condition. "I stand free, observing only ...".
- 2. As the group Soul observing the condition, establish Right Relationship, the perfect alignment between Spirit and matter *in Consciousness*, and between Purpose and Appearance and to impress Divine Purpose upon the form aspect to bring the appearance into an intelligent reflection of the Divine Plan.

<sup>1</sup> Creative Thinking, Nature of the Soul – Lucille Cedercrans

To establish Right Relationship: move into the mid-way point on the threshold of the Buddhic Plane, at-one with the magnetic field of group consciousness, and visualise a polarity, a vertical alignment of tension from a place of non-separation, *between the Condition and Divine Will-Purpose*.

As the group consciousness in the cave visualize a triangle of light between:



- The Overshadowing group Soul within the ashram
- The unified soul as the observer in the Cave
- The subconscious life of the group of relationships, the lower third point of the triangle.

Reflect upon the Divine Plan and contemplate the Soul-Purpose seeking to work out. Formulate an Intent between the Ideal – the Divine Prototype and the true needs hidden within the condition of the pairs of opposites.

Having formulated the Divine Intent, sound Its note in the ashram.

3. As the One Spiritual Soul, invoke and infuse the Condition with Christ's Pure Unconditional Love-Wisdom and radiate the energy of Divine Love-Wisdom to and through all the relationships.

#### Sound the tone or note of Universal Brotherhood.

- \* Normally a transmutation or adjustment technique would be performed on a condition for at least a full lunar cycle (New Moon to New Moon).
- \*\* The Heart Centre in the Head is the centre of one's being identify as the Soul and visualise a small golden sun, a pure field of Soul consciousness everywhere present. It is also a trinity of Spirit and Matter wedded in Consciousness as Pure Love-Wisdom, a magnetic polarity and a vertical relationship between these two Divine aspects.

#### The Law of Transmutation

The Fourth Divine Law and Energy of Cosmic Love, states in effect:

"The radiation of Love
in the three planes of human endeavor
transmutes darkness into light,
ignorance into wisdom,
and discord into harmony."

In a few words, share your impression.

Together we will create a seed thought to express the group intent.

### A Transmutation Meditation.

## Alignment

Establish the lower alignment and focus the consciousness in the ajna centre integrating the three-fold instrument into a unit receptive to soul impress. Connect with each other and with the overall group and hold one collective Ajna focus as a Center in the Etheric Body of Humanity.

*Move back* upon a line of Light into the Cave, the Heart Centre in the Head identifying as the consciousness of the One Humanity.

Via the head center align with the overall group consciousness of the Ashram and with the overshadowing Christ.

Align with the three Masters: Master M, Master DK, and Master R, within the bluewhite sphere of the Ashram of Synthesis and in salutation we offer our intent and our love, on behalf of humanity ...

Identify as the group conscious soul in the Cave\*\*, and integrate the three-fold group soul consciousness into a single unit, in aspiration to the overshadowing Christ.

Sound a silent OM.

## **Contemplation**

As the Observer in the Cave, contemplate the appearance in the outer world of the condition in focus today. Seek to identify the underlying motives and forces at play and their effects. (pause)

Recognizing the condition is a result of the working out of Divine Law and Order, visualise a line of Light from the centre of the sphere of Blue-White Christ Light to the condition with which one is concerned, thus establishing the perfect alignment between Spirit and matter, and between Purpose and Appearance.

Become receptive to the Divine Plan and to Divine Purpose.

As the group conscious soul contemplate the true needs of the people seeking a solution, a new synthesis and an intelligent expression from within humanity. Hold in your awareness the need as an Intent or a Principle for the coming moments ... ( Pause 1 minute ).

(Cont/.)

#### **Transmutation**

As the group consciousness in the cave visualize a triangle of light between:



- The Overshadowing group Soul within the ashram
- The group consciousness (unified soul) as the observer in the Cave
- The subconscious life of humanity (the group of relationships), the lower third point of the triangle.
- a) From your focus in the cave, visualise a line of light moving upward in frequency to the Overshadowing Spiritual Soul of the overall group life.
- b) Recognizing the existence of the subconscious world: visualise a line of golden light moving down and outward in frequency into the subconscious world of one's emotional and mental bodies and back upward to the Overshadowing Spiritual Soul in the ashram completing a triangle of light connecting the overshadowing Spiritual Soul, the incarnate soul the observer in the cave, and via the ajna to the subconscious world.
- c) Retaining awareness of the One Overshadowing Spiritual Soul above, the centre of consciousness within the cave, and observing the movement of light down into the world of the persona and back up to the ashram ...

Repeat slowly and carefully:

"The Light of the Christ is thrown downward into the group instrument to reveal, cleanse, and purify that which is karmically ready to be brought to Light in Divine Law and Order. I stand clear, observing only."

Hold this note for three minutes and simply observe whatever is revealed from your point of awareness in the ajna center.

Very shortly you will become aware of a mental attitude or an emotion or a situation. As you observe and seek out the root of this emotion, you will see how it once became a part of your subconscious and the part it has played in humanity's life and affairs ... (2 minutes)

Transmute whatever negativity is revealed into its polar opposite via the application of Love  $\dots$ 

This is accomplished by invoking and projecting Divine Love-Wisdom to:

- a) Yourself, as you were when you received an initial impact and awareness that created unconscious patterns of negativity.
- b) Those involved in making that initial impact and its experience.

- c) The original situation.
- d) All persons everywhere who participate in activities effecting humanity in similar ways.

Meditate on the concept: "THE TRUTH NOW FREES HUMANITY".

Spend a few moments radiating the Light of Truth through the group instrument and out into the hearts and minds of humanity."

Visualize the whole as surrounded by the pure, protective blue-white Light of the Christ ...

We dedicate all wisdom gathered over lifetimes to the Overshadowing Soul of Humanity and to the Logos, our Father.

Audibly sound the *OM*.

Leaving that protective white Light in place, slowly relax the attention and return to your normal focus.

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(Wisdom Group)